HKU Mentorship Programme (Overseas)

Teamwork • Trust • Transformation

since 2003
Aims:

✓ To create a **supportive relationship** between Mentors and Mentees

✓ To assist mentees in their **adaptation to a new environment**

✓ To guide a mentee’s **personal development**

✓ For students who will be on exchange for **at least one semester**
Having alumni and friends as Mentors will enrich your overseas learning experience, expand your knowledge and personal network in the host country.

Visit our website for more sharing by Mentees:
www.mentorship.hku.hk
Overseas Mentors in....

ASIA-PACIFIC
Australia, Japan, Chinese Mainland (Beijing, Shanghai), New Zealand, Singapore, and Taipei

EUROPE
Austria, Finland, France (Paris), Germany, the UK (England and Scotland), Ireland, Norway, Sweden and Switzerland

NORTH AMERICA
Canada (Ontario, BC, Alberta, Quebec and PEI) and USA (Illinois, S. California, N. California, New York, Boston-New England, Washington DC)
Overseas Mentors

Not Available in ...

Korea
Mexico
South America
Africa
Turkey
Eastern Europe
Denmark, Italy, Spain, The Netherlands ...etc.
When you meet your Mentor...
Have individual or group meetings. Even your mentor is not living close to you, make plan to visit him/her ... it could be a very rewarding experience.

Mentor Yang Jing in Zurich, Switzerland

Mentor Ms Chow Yue Mei in San Francisco

Mentor Mr Henry Yim in New York
Learn about the local culture and community.
Join HKU Overseas Alumni Chapters’ gatherings

“Fall Colour Hiking in Ontario, Canada”
“The exchange students this past semester have certainly experienced a lot - one of the most severe winters we have had, the Marathon bombings, and closing down of Cambridge and neighbouring towns.”...Professor Siu Sau Fong
Be involved in family gatherings
Do’s

• **Contact your Mentor** once you received details on your mentor and **BEFORE** you depart Hong Kong; say **Hello** when you arrive at your host university. It’s never too early to contact your mentor by email; you may get information on living or transportation.

• Use emails, phone calls, social media, chat apps to **keep in contact** with your mentor.

• **Always reply** your Mentor’s emails and return his/her calls.

• Don’t forget to say **Good-bye** when you leave the country.
Turning the table on the Mentor; Mentees from UC Santa Barbara play host with a 10-course meal for a change for Mentor Mrs Carrie Brown and her husband.
“Before he (mentee) came, he might have very limited knowledge about the living practice, climate, dress and what appliances he had to bring to Toronto. Through emails and long-distance phone calls, the mentee can gather more information to prepare for the trip and feel far more comfortable.”
“It would be more rewarding if mentees would drop the mentor a note occasionally, just to let us know how he/she is doing. At present, some do, and some don't.”
Feedback from Mentors

“I have had a wonderful time with the Mentees and I hope they feel the same way about me. The programme is a **two-way street that benefits both the Mentors and Mentees**. I always learn something from them, especially hi-tech stuff.”
Don’ts

• Be shy to share your feelings and views.

• Take for granted that your Mentor is going to pay for everything, e.g. tickets and alumni lunch with charge.

• Call your Mentor at unreasonable hours.

• Expect your Mentor to take care your daily life or take care your friends who did not apply the mentorship programme . If you really need to invite a friend, ASK your mentor first.

• Never give your mentor’s phone number or email address to other exchange students. Respect mentor’s privacy.
“In some cases, I have sent emails but have rarely heard back from my mentees and wondered what had happened to them. It is not right to enrol, taking away resources from their peers and not use them.”
“One student who made an appointment to meet me for the first time. However, she never showed up and did not notify me until I emailed her about the missed appointment. She gave me no reason. An HKU student should be better than that.”

“Some mentees did not show appreciation to their mentors and other alumni for the hospitality and generosity at the end of functions.”
Feedback from Mentors

“Some brought friends who are not registered mentees without seeking permission from, nor giving prior notice to their mentors. These friends they brought expected to enjoy the same privilege e.g. dinner cost to be borne by the mentor or other alumni at functions, some mentees appeared to converse only with their peers (fellow mentees or the friends they brought) instead of making an effort to interact with other guests.”

Act like an educated young adult; show respect to your mentor and alumni in a way you want to be respected.
Once a Mentor is successfully matched, you can:

- receive support from the mentor;
- seek advice or information from the mentor about the host country;
- keep in touch with the mentor via emails, phone calls, social media, chat apps or meetings if geographical distance allows;
- share and discuss with the mentor his/her experience and views, and ask for advice if in doubt about anything, regardless of the local culture or information; and
- have opportunities to get acquainted with HKU alumni.

As an Outgoing Exchange Mentee, you are expected to:

- initiate communications by sending an introductory email to your mentor prior to departing Hong Kong;
- stay in touch with your mentor during the whole exchange period;
- communicate with your mentor. Even if you do not live near to your mentor, you are encouraged to make plans to see your mentor.
Online Application

Now to November 13 (Mon), 2017

www.mentorship.hku.hk

Interview

November 17 (Friday) and November 23 (Thursday), 2017
Mentors Open Doors for You

Member Login

Apply Now

www.mentorship.hku.hk
Outgoing exchange students studying at Host University for at least one semester are invited to join the HKU Mentorship Programme (Overseas).
Outgoing Exchange Students

Each applicant will need to attend an interview session.

It is important for applicants to keep the Programme Facilitator informed of their contact details overseas, including email address and any changes on their schedule for exchange.

Successful applicant/ Mentee should submit at least one contact report, together with a photo with mentor, to the Mentorship Facilitator during the exchange.
HKU Mentorship Programme Application Form  
(Outgoing Exchange Students)

Year: 2016 - 2017

Photo: 
Browse... No file selected.  
(format: JPG, Maximum 4MB)  
Clear

Salutation*:  
Mr  Ms

English Name: 
Surname (e.g. Chan): *

Middle Name:  
First Name (e.g. David): *

Chinese Name: 
Chinese Surname:  
Chinese Name:

Gender:

Year of Birth*:  
--Please select--

Residential Hall:  
--Please select--

Religion:

* Compulsory fields
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<td>Host Country Address</td>
<td>Host country address details</td>
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Zip/Postal Code:

Host University:

Period of Stay in Host Country:
- From: 2015 / 01
- To: 2016 / 01

Hobbies:
Please select as many as applicable
- Chinese Poetry
- Cooking
- Crochet / Embroidery / Knitting
- Dancing - Ballet
- Dancing - Ballroom
- Dancing - Breakdance / Hip Hop
- Dancing - Funky
- Dancing - Latin
- English Poetry

Remarks: (please elaborate if needed)
(Max 1,000 characters)

Extra-curricular Activities:
HKU Activities:
(Max 1,000 characters)
Non-HKU Activities:

(Max. 1,000 characters)

More About Yourself:

(Max. 1,000 characters)

What do you expect to learn from this Programme?

(Max. 1,000 characters)

Your Social Networks Profiles:

1. e.g. https://hk.linkedin.com/n/hku-mentorship-9b3786100
2. e.g. https://www.facebook.com/HKU.Mentorship
3. e.g. https://www.instagram.com/hkumentorship/?hl=en

Interview session:
Applicants will be interviewed in groups. The interview will not be directly related to your studies, but as a means to understand your personality and communication skills. Interviews will be conducted in English and/or Chinese.

If you are unable to attend one of the interview sessions on the date(s) assigned to your Faculty, you may choose a session of another Faculty.
More About Yourself *

What do you expect to learn from this Programme? *

- Please select -
  2017-11-17 (Fr) 16:00-16:30 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-17 (Fr) 16:45-17:15 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-17 (Fr) 10:30-11:00 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-17 (Fr) 11:15-11:45 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-17 (Fr) 12:00-12:30 EP Gallery, Hung Hing Ying Building, Main Campus

Your Social Networks Profiles :

- Please select -
  2017-11-17 (Fr) 14:30-15:00 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-17 (Fr) 15:15-15:45 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-23 (Thu) 10:30-11:00 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-23 (Thu) 11:15-11:45 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-23 (Thu) 12:00-12:30 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-23 (Thu) 14:30-15:00 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-23 (Thu) 15:15-15:45 EP Gallery, Hung Hing Ying Building, Main Campus

Interview session *

- Please select -
  2017-11-23 (Thu) 16:00-16:30 EP Gallery, Hung Hing Ying Building, Main Campus
  2017-11-23 (Thu) 16:45-17:15 EP Gallery, Hung Hing Ying Building, Main Campus

Submission of your application implies you agree to receive emails from the Mentorship Programme Office and Development & Alumni Affairs Office regarding programme administration and news. The information you provide may be shared with your mentor. Your phone number and email address may also be passed to other mentees who share the same mentor as you, or with the exchange mentees going to the same destination, to facilitate communications with your peers.

The University would like to keep you informed of the University’s news and activities. All the data provided by you will be treated as strictly confidential and the data will be used for maintaining contact, updating the latest developments of the University, and provision of information, e.g. University news, activities, giving initiatives, courses, programmes and news about the HKU Mentorship Programme. The University will not disclose any personal information to external bodies unless you have been informed or the University is required to do so by law. If you do
Dear Applicant,

Thank you for your application. Your interview session is:

**Session Number**: BU-03-04  
**University ID**: 5678901234  
**Date**: 2016-10-03  
**Time**: 14:30 - 15:15  
**Venue**: Foundation Chamber, Hung Hing Ying Building, Main Campus

No reminder about interview will be sent to applicants.

HKU Mentorship Programme  
(*The account will only be activated when the applicant is successfully matched with a mentor*)
Development & Alumni Affairs Office
發展及校友事務處
G/F, Hung Hing Ying Building
The University of Hong Kong
...will be released by email in December or January ... depending on the host countries.

*If you decide to withdraw from the exchange programme, you MUST inform IAO and Mentorship Programme Office as soon as possible.
Programme Facilitator

Holly Tang
mentor@hku.hk
www.facebook.com/HKU.Mentorship
www.mentorship.hku.hk
Call 3917-1710