HKU Mentorship Programme (Overseas)

Teamwork • Trust • Transformation

since 2003
Aims:

- To create a **supportive relationship** between Mentors and Mentees
- To assist mentees in their **adaptation to a new environment**
- To guide a mentee’s **personal development**
- For students who will be on exchange for **at least one semester**
Having alumni and friends as Mentors will enrich your overseas learning experience, expand your knowledge and personal network in the host country.

Visit our website for more sharing by Mentees:
www.mentorship.hku.hk
Over 200 Overseas Mentors in....

ASIA-PACIFIC
Australia (NSW, Victoria, Queensland), Japan, Chinese Mainland (Beijing, Shanghai), New Zealand & Singapore

EUROPE
Austria, Finland, France (Paris), Germany, the UK (England and Scotland), Ireland, Norway, Sweden & Switzerland

NORTH AMERICA
Canada (Ontario, BC, Alberta, Quebec and PEI) and USA (Illinois, S. California, N. California, New York, Boston-New England & Washington DC)
Overseas Mentors
Not Available in ...

Korea
Mexico
South America
Africa
Turkey
Eastern Europe
Denmark, Italy, Spain, the Netherlands ...etc.
When you meet your Mentor...
Individual or group meetings. Even your mentor is not living close to you, make plan to visit him/her … it could be a very rewarding experience.
Learn about the local culture and community
Join HKU Overseas Alumni Chapters’ gatherings

“Fall Colour Hiking in Ontario, Canada”
“The exchange students this past semester have certainly experienced a lot - one of the most severe winters we have had, the Marathon bombings, and closing down of Cambridge and neighbouring towns.”...Professor Siu Sau Fong
Be involved in family gatherings
Do’s

• **Contact your Mentor** once you received details on your mentor and **BEFORE** you depart Hong Kong. It’s never too early to contact your mentor by email; you may get information on living or transportation.

• Use emails, phone calls, social media, chat apps to **keep in contact** with your mentor.

• **Always reply** your Mentor’s emails and return his/her calls.

• Don’t forget to say **Good-bye** when you leave the country.
“Before he (mentee) came, he might have very limited knowledge about the living practice, climate, dress and what appliances he had to bring to Toronto. **Through emails and long-distance phone calls, the mentee can gather more information to prepare for the trip and feel far more comfortable.**”
“It would be more rewarding if mentees would drop the mentor a note occasionally, just to let us know how he/she is doing. At present, some do, and some don't.”
“I have had a wonderful time with the Mentees and I hope they feel the same way about me. The programme is a two-way street that benefits both the Mentors and Mentees. I always learn something from them, especially hi-tech stuff.”
Don’ts

• Be shy to share your feelings and views.

• Take for granted that your Mentor is going to pay for everything, e.g. tickets and alumni lunch with charge.

• Call your Mentor at unreasonable hours.

• Expect your Mentor to take care your daily life or take care your friends who did not apply the mentorship programme. If you really need to invite a friend, ASK your mentor first.

• Never give your mentor’s phone number or email address to other exchange students. Respect mentor’s privacy.
“In some cases, I have sent emails but have seldom heard back from my mentees and wondered what had happened to them. It is not right to enrol, taking away resources from their peers and not use them.”
“One student who made an appointment to meet me for the first time. However, she never showed up and did not notify me until I emailed her about the missed appointment. She gave me no reason. An HKU student should be better than that. ”

“Some mentees did not show appreciation to their mentors and other alumni for the hospitality and generosity at the end of functions”
“Some brought friends who are not registered mentees without seeking permission from, nor giving prior notice to their mentors. These friends thus expected to enjoy the same privilege e.g. dinner cost to be borne by the mentor or other alumni. At functions, some mentees appeared to converse only with their peers (fellow mentees or the friends they brought) instead of making an effort to interact with other guests.

Feedback from Mentors

Act like an educated young adult; show respect to your mentor and alumni in a way you want to be respected.
Objectives:

- To create supportive relationships between mentors and mentees;
- To assist mentees on exchange to adapt to a new environment;
- To guide a mentee’s personal development; and
- To help mentor stay connected with HKU and Hong Kong.

Who can be Overseas Mentors?

Invited HKU alumni who have been living in the host country for at least 3 years; or mature individuals recommended by HKU alumni. Mentors are not available in all exchange destinations, and the availability of mentors may differ every semester. Students can contact the Mentorship Programme Facilitator for information.
Online Application

Now to April 29 (Sun), 2018
www.mentorship.hku.hk

Interview

April 30 (Monday) to May 4 (Friday) 2018
Interviews
April 30 (Monday) to May 4 (Friday) 2018
Select an interview session of your destination

- **AU** - Australia
- **CA** - Canada
- **CH** - China
- **GM** - Germany
- **JP** - Japan
- **NZ** - New Zealand
- **UK** – the United Kingdom
- **US** – America
- **EU** - Countries includes Finland, Norway, Sweden, Switzerland
- **OX** – All applicants *(if you cannot join the sessions of your host country)*
Outgoing exchange students studying at Host University for at least one semester are invited to join the HKU Mentorship Programme (Overseas).
Each applicant will need to attend an interview session.

It is important for applicants to keep the Programme Facilitator informed of their contact details overseas, including email address and any changes on their schedule for exchange.

Successful applicant/Mentee should submit at least one contact report, together with a photo with mentor, to the Mentorship Facilitator during the exchange.
HKU Mentorship Programme Application Form
(Outgoing Exchange Students)

Year: 2016 - 2017

Photo: Browse... No file selected.
(format: JPG, Maximum 4MB)
Clear

Salutation*:  Mr  Ms

English Name:
Surname (e.g. Chan): *

Middle Name:  First Name (e.g. David): *

Chinese Name:
Chinese Surname:
Chinese Name:

Gender:

Year of Birth*:  --Please select--

Residential Hall:  --Please select--

Religion:
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<tr>
<th>Study Year *</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>Other (please specify in the More About Yourself box)</th>
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<td>Faculty *</td>
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<td>Curriculum *</td>
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<td>Email</td>
<td>Primary Email: *</td>
<td>Secondary Email: *</td>
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<td>Contact Number</td>
<td>Mobile Number: *</td>
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<td>Hong Kong Address</td>
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<td>Secondary School</td>
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<td>Host Country *</td>
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<td>State/Province</td>
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<td>Host Country Address</td>
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Zip/Postal Code:

Host University:

Period of Stay in Host Country:
From: 2015/01
To: 2016/01

Hobbies:
- Chinese Poetry
- Cooking
- Crochet / Embroidery / Knitting
- Dancing - Ballet
- Dancing - Ballroom
- Dancing - Breakdance / Hip Hop
- Dancing - Funky
- Dancing - Latin
- English Poetry

Remarks: (please elaborate if needed)
(Max 1,000 characters)

Extra-curricular Activities:
HKU Activities:
(Max 1,000 characters)
Non-HKU Activities:

(Max. 1,000 characters)

More About Yourself * :

(Max. 1,000 characters)

What do you expect to learn from this Programme? * :

(Max. 1,000 characters)

Your Social Networks Profiles :

1. e.g. https://hk.linkedin.com/in/hku-mentorship-9b3786100
2. e.g. https://www.facebook.com/HKUMentorship
3. e.g. https://www.instagram.com/hkumentorship/?hl=en

Interview session * : Applicants will be interviewed in groups. The interview will not be directly related to your studies, but as a means to understand your personality and communication skills. Interviews will be conducted in English and/or Chinese.

If you are unable to attend one of the interview sessions on the date(s) assigned to your Faculty, you may choose a session of another Faculty.
Get-to-know-you Interviews

Please select:

- 2018-04-30 (Mon) 14:30-15:00 | Session Name: CA-30-A
- 2018-04-30 (Mon) 15:15-15:45 | Session Name: NZ-30-A
- 2018-04-30 (Mon) 16:00-16:30 | Session Name: UK-30-A
- 2018-04-30 (Mon) 16:45-17:15 | Session Name: US-30-A
- 2018-05-02 (Wed) 10:00-10:30 | Session Name: UK-02-B
- 2018-05-02 (Wed) 10:45-11:15 | Session Name: SG-02-A
- 2018-05-02 (Wed) 11:30-12:00 | Session Name: US-02-B
- 2018-05-02 (Wed) 12:15-12:45 | Session Name: AU-02-A
- 2018-05-02 (Wed) 12:45-13:15 | Session Name: GM-02-A
- 2018-05-02 (Wed) 15:15-15:45 | Session Name: UK-02-C
- 2018-05-02 (Wed) 16:00-16:30 | Session Name: UK-02-B
- 2018-05-03 (Thu) 16:45-17:15 | Session Name: UK-02-D
- 2018-05-03 (Thu) 10:00-10:30 | Session Name: CA-03-B
- 2018-05-03 (Thu) 10:45-11:15 | Session Name: EU-03-A
- 2018-05-03 (Thu) 11:30-12:00 | Session Name: US-03-C
- 2018-05-03 (Thu) 12:15-12:45 | Session Name: US-03-B
- 2018-05-03 (Thu) 14:30-15:00 | Session Name: UK-03-E
- 2018-05-03 (Thu) 15:15-15:45 | Session Name: UK-03-F
- 2018-05-03 (Thu) 16:00-16:30 | Session Name: UK-03-G

*Enter the 2zrwc password*
Dear Applicant,

Thank you for your application. Your interview session is:

**Session Number**: BU-03-04  

**University ID**: 5678901234  

**Date**: 2016-10-03  

**Time**: 14:30 - 15:15  

**Venue**: Foundation Chamber, Hung Hing Ying Building, Main Campus

No reminder about interview will be sent to applicants.

HKU Mentorship Programme  
(*The account will only be activated when the applicant is successfully matched with a mentor)*
Matching Results

...will be released by email in December or January ... depending on the host countries.

*If you decide to withdraw from the exchange programme, you MUST inform IAO and Mentorship Programme Office as soon as possible.
Programme Facilitator

Holly Tang
mentor@hku.hk
www.facebook.com/HKU.Mentorship
www.mentorship.hku.hk
Call 3917-1710